



Anderson Township Senior Center
7970 Beechmont Ave.
Anderson Township, OH 45255
AndersonTownshipOH.gov/senior-center

Check out event and program information on Facebook
@FriendsOfAndersonTownshipSeniorCenter

The Anderson Township Senior Center will be closed Monday, July 4.

Weekly Schedule - Anderson Township Senior Center Hours 9 a.m. to 2 p.m.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 a.m.				Beg. Watercolors (1 st and 3 rd Thurs)	
9:30 a.m.	Silver Sneakers Cardio Oil Painting	Silver Sneakers - Strength and Balance	Woodcarvers Walking Club**	Silver Sneakers Yoga	Silver Sneakers Cardio
10 a.m.	Beginner Bridge		Blood Pressure Euchre Group	Bridge	
10:30 a.m.		MahJongg			Tai Chi (Not on last Fri. of each month)
11 a.m.				Better Balance Safer You	
11:30 a.m.		Better Balance Safer You			
11:30 a.m.	Lunch	Lunch	Lunch	Lunch	Lunch
12:00 p.m.		Quilting Pickleball***			
12:15 p.m.	Line Dancing				
12:30					

*All classes are at ATSC unless noted.

** Meet at Beech Acres; If inclement weather, meet in Eastgate Mall

*** Forestville Baptist Church

JULY/AUG 2022

SENIOR Lifestyle

A PUBLICATION OF THE ANDERSON TOWNSHIP SENIOR CENTER

Fun for All Ages Planned This Summer at Center

Exciting and engaging activities are part of the rhythm at the Anderson Township Senior Center, but in July and August we offer the opportunity for members to bring their families to share in the fun!

Three special events are scheduled for members who may wish to invite their children or grandchildren. On July 22, the Raptor Rescue in Milford will present "All About Owls," and will bring three owls to the center.

The Cincinnati Reds Hall of Fame traveling exhibit visits the center on August 1, along with one of the Reds mascots. Then on August 19, an African penguin from the Newport Aquarium will be our guest. Special crafts and other activities will be offered at each event for the younger visitors.

"We are excited to bring generations together for programs everyone will enjoy," said Susan Ward, senior center advisory board member.



*The secret of staying young is to live honestly,
eat slowly and lie about your age.*

— Lucille Ball

Mission Statement • Through its operation of the Anderson Township Senior Center, Anderson Township will further its ongoing mission: *"To provide services which protect and enhance the quality of life in our community."*
AndersonTownshipOH.gov/senior-center

HOURS
Monday-Friday
9 a.m.-2 p.m.
PHONE
513.474.3100

Claire O'Connell
Activities Manager
COconnell@AndersonTownshipOH.gov
Janell Schaeffer
Member Services Coordinator
JSchaeffer@AndersonTownshipOH.gov

Folk Music with Dave Sanders

Friday, July 1 • Time: 10:30 A.M.

Memory Café

Tuesday, July 5 • Time: 10:30 A.M.

Memory Cafés are comfortable gatherings that allow people with dementia and their care partners to socialize and engage in activities in a safe, welcoming environment.

Country Music with Drake

Wednesdays, July 6, and 20 • Time: 10:30 A.M.

Men’s Discussion Group

Wednesday, July 6 • Time: 11:30 A.M.

Tour of the Glen Senior Living Community

Thursday, July 7 • Time: 1 P.M.

Meet at 4300 Glen Este-Withamsville Road for lunch and a tour.

Piano Music by Annie

Fridays, July 8 at 10:30 A.M. and July 22 at 11:30 A.M.

Tour of Rookwood Pottery and Lunch at Findlay Market

Tuesday, July 12 • Depart from ATSC: 10:30 A.M.

Cost: \$10 and lunch. A behind-the-scenes hour-long walking tour of Rookwood’s pottery and tile production facility. Lunch on your own in Findlay Market. Transportation provided.

Book Blitzers Movie

Wednesday, July 13 • Time: 11:15 A.M.

Come and enjoy a movie! Title to be announced.

Greeting Card Class with Beth

Thursday, July 14 • Time: 10 and 11 A.M.

Make reservations early for this popular class. Two sessions offered. Cost: \$2.

Flute Music with Mark Huffman

Thursday, July 14 • Time: 10:30 A.M.

Christmas in July Birthday Party

Friday, July 15 • Time: 10:30 A.M

Celebrate July birthdays with a cookout, music by Brazilian Jazz, decorations and surprises! Artists will sell handmade wares, plus a “Christmas Gift” donation drive. Reservations by July 8.

History Presentation by Diane Shields

Monday, July 18 • Time: 10:30 A.M.

Learn how the sinking of the luxury steamship Lusitania in 1915 changed world history.

Mayfield Brain and Spine Center

Tuesday, July 19 • Time: 10:30 A.M.

Dr. Ryan Tackla from the Mayfield Brain & Spine Institute will share how a heart healthy lifestyle supports the brain and improves memory and cognitive function.

Historian Millie Henley – The Barlows and the Gordons, Civil War and Beyond

Wednesday, July 20 • Time: 10:30 A.M.

Storyteller Millie Henley, dressed in period costume, shares the story of two families, one Confederate and one Union, in a tale of conflict, love and heroism.

Belterra Casino and Racetrack

Wednesday, July 20 • Time 11 A.M.

Meet at Belterra, 6301 Kellogg Road. Manifest form must be filled out at ATSC front desk by July 12.

Music by Seldom the Same

Thursday, July 21 • Time: 10:30 A.M.

Raptor Rescue – A Program for All Ages

Friday, July 22 • Time: 10:30 A.M.

Bring your children and grandchildren for “All About Owls.” We will have three owl visitors and special surprises. Guests can bring their lunch if they wish to stay and eat at ATSC.

Medical Alert Systems

Monday, July 25 • Time: 10:30 A.M.

Shane Ellis from ADT Health will share information about medical alert protection you can use at home or away, providing independence and peace of mind.

Book Blitzers Book Club

Monday, July 25 • Time: 12:30 P.M.

Discussion of the non-fiction book *The Woman’s Hour* by Elaine Weiss. Books will be available at the front desk in June.

Author’s Corner-Alyssa McClennan

Tuesday, July 26 • Time: 10:30 A.M.

This historian will share stories of one of Cincinnati’s favorite landmarks from her book *Findlay Market of Cincinnati: A History*.

Guitar Music by Dave Ridenour

Wednesday, July 27 • Time: 11 A.M.-Noon

Lunch Bunch – Anderson Pub and Grill

Thursday, July 28 • Time: 11:30 A.M.

We’re staying close this time- only two blocks away! Visit 8060 Beechmont Ave. for lunch at this Anderson favorite.

Cincinnati Reds Hall of Fame Traveling Show

Monday, Aug. 1 • Time: 10:30 A.M.

Invite your children and grandchildren for a fun program! Event includes display of artifacts and a Reds mascot for great photos! Guests can bring their lunch if they wish to stay and eat at ATSC.

Memory Café

Tuesday, Aug. 2 • Time: 10:30 A.M.

Men’s Discussion Group

Wednesday, Aug. 3 • Time: 11:30 A.M.

Country Music with Drake

Wednesdays, Aug. 3 and 17 • Time: 10:30 A.M.

Tour and Lunch at Brookdale Senior Living

Wednesday, Aug. 3 • Time: 11:30 A.M.

Meet at 9090 Montgomery Road in Kenwood and enjoy a summer lunch. As part of our tour, you are invited to take part in planting a succulent garden to take home with you.

Folk Music with Dave Sanders

Friday, Aug. 5 • Time: 10:30 A.M.

Author’s Corner-Peter Bronson

Monday, Aug. 8 • Time: 10:30 A.M.

Peter Bronson, an award-winning editor and columnist, will share stories about the crime, corruption and mystery surrounding The Beverly Hills Supper Club from his book, *Forbidden Fruit: Sin City’s Underworld and the Supper Club Inferno*.

The Council on Aging

Tuesday, Aug. 9 • Time: 10:30 A.M.

Lisa Kruse returns to ATSC to share more information about the many services provided by the Council on Aging.

Book Blitzers Movie

Wednesday, Aug. 10 • Time: 11:15 A.M.

Come and enjoy a movie! Title to be announced.

Greeting Card Class with Beth

Thursday, Aug. 11 • Time: 10 and 11 A.M.

Make reservations early for this popular class. Two sessions offered. Cost: \$2.

Flute Music with Mark Huffman

Thursday, Aug. 11 • Time: 10:30 A.M.

After-Hours Movie

Thursday, Aug. 11 • Time: 1:30 P.M.

We’ll watch the Field of Dreams on the same day the Reds play at the Field of Dreams.

Piano Music with Annie

Fridays, Aug. 12 and 26 • Time: 10:30 A.M.

History Presentation by Diane Shields

Monday, Aug. 15 • Time 10:30 A.M.

In the American Revolution, The Marquis de Lafayette served under George Washington and became a general at 19. Learn about his life before seeing *Hamilton* next month.

Brain Health Series: Yoga Bob - Stress Busters

Tuesday, Aug. 16 • Time: 10:30 A.M.

Learn how stress can affect the body and how it can be reduced with proper breathing, meditation and positivity.

Taft Museum – Exhibit: Jane Austin: Fashion and Sensibility and Lunch

Wednesday, Aug. 17 • Depart from ATSC: 10:30 A.M.

New exhibit with 50 costumes and accessories from movies based on Jane Austin’s novels. Tickets: \$15 in advance. Lunch at the museum: \$20 (pay that day). Transportation provided.

Music by Seldom the Same

Thursday, Aug. 18 • Time: 10:30 A.M.

Newport Aquarium Penguin Visit

Friday, Aug. 19 • Time: 10:30 A.M.

Another opportunity to invite your children and grandchildren. An African penguin visits and special surprises. Great for photo ops! Guests can bring their lunch if they wish to stay and eat at ATSC.

Book Blitzers Book Club

Monday, Aug. 22 • Time: 12:30 P.M.

Discussion of the book *The Summer Guests* by Alice Monroe. Books available at front desk in July.

Great American Ball Park Tour and Lunch at the Banks

Tuesday, Aug. 23 • Depart ATSC: 10:30 A.M.

Join a behind-the-scenes hour-long walking tour of the Reds stadium. (No game that day.) Tour cost: \$10 in advance. Lunch on your own.

August Birthday Party – A Luau!

Wednesday, Aug. 24 • Time: 10:30 A.M.

Wear your most colorful Hawaiian shirt and join for a hula performance, music, a special lunch, and other surprises. Reservations by August 17.

The History of Our National Parks

Monday, Aug. 29 • Time: 10:30 A.M.

Learn how each of our National Parks got their start, including our first, Yellowstone. Speaker is Ruth Horstman, from the William Howard Taft National Historic Site in Cincinnati.